

Living360 THE TRAVEL GUIDE

As the world continues to open up in the wake of the pandemic, this is the perfect time to plan a celebratory holiday. Whether you're looking for a luxury wellness break or fancy immersing yourself in a fascinating new culture, we've rounded up some great bucket-list destinations you could tick off this year.

WELLNESS TAKEN TO NEW HEIGHTS

The Alpine Spa at Bürgenstock Resort Lake Lucerne is just the place for a rejuvenating wellness break



Fresh Alpine air is one of nature's greatest medicines, so it's no surprise discerning visitors make the pilgrimage to Switzerland to reap the benefits, but few can claim the stellar credentials of the Alpine Spa at the Bürgenstock Resort.

Since 1873, the Bürgenstock Resort has been elevating Alpine wellness, harnessing the transformative power of the set above the glittering waters of Lake Lucerne. Poised atop of a mountain ridge, elevated 1,640ft above the lake, the spa itself spans some two and a half acres across three floors making it one of the largest spas in the world.

Your arrival sets the scene for a stay like no other. Travel James-Bond style and arrive via private catamaran followed by funicular to lift you up through the pine trees straight into the hotel lobby. For an even more Hollywood entrance, travel via helicopter from Zurich airport, or private jet as they can land just 10 minutes away. Incredible sweeping vistas assail at every turn as panoramic floor-to-ceiling windows frame the lake into perfect view.

At the Alpine Spa, relaxation, wellness and luxury perform in chorus against a spectacular backdrop of breathtaking scenery. Encompassing several pools, 12 treatment rooms, three private spa suites, hot and cold Kneipp baths, herbal steam room, Finnish sauna, Rasul bath, an ice room, rock shower, saline bath, nap shells, infra-red cabins and a solarium, every need is fulfilled. The spa has been made famous by its iconic infinity pool that envelops the edge of the building, allowing you to feel as if you're truly floating in the sky. Bubble jets soothe tired muscles as you look out onto the lake and beyond.

Beauty and wellness have no limits at the Alpine Spa. World-class treatments are performed by expertly trained professionals using some of the best and latest brands on the market. Skin is placed in the expert hands of three pioneering, celebrity-loved brands, among others: TSKIN, Dr Barbara Sturm, and Biologique Recherche, each offering a unique but all together exceptional approach to skincare.

Naturally, what you choose to nourish your body is equally important, which is why the Alpine Spa has introduced its Vitality Cuisine menu free from hot-pressed oils, refined carbohydrates and sugar. The menu focuses on fresh, seasonal and health-boosting ingredients, carefully designed by a team of award-winning chefs, overseen by a nutritionist.

The Bürgenstock Resort comprises four hotels, three championship tennis courts, a golf course and 10,

restaurants, lounges and bars, plus miles of hiking trails through the majestic Alpine scenery. A programme of over 120 'wow' moments ensures there's plenty to do to suit every generation of traveller. The resort's 30 acres of picture-postcard countryside is a paradise for hikers and bikers. Walk 10 minutes and find yourself in a lush valley where you can meet the local community of farmers, pet a cow and even produce your own cheese. The Hammettschwand Lift, meanwhile, provides sweeping views stretching to the east, west and beyond. Dating back to 1904, it's the highest outdoor elevator in Europe and ascends the Bürgenberg to the summit — a stunning vantage point above the clouds.

For the ultimate luxury wellness break at Switzerland's premier wellness destination, Bürgenstock Resort and its Alpine Spa could well be your ticket to ultimate bliss. **● The Alpine Spa at Bürgenstock Resort is easily reachable from Zurich airport via car, train, catamaran and funicular. To discover more, visit burgenstockresort.com or email reservations@burgenstockresort.com**



A FIVE-STAR ARABIAN ADVENTURE

Enjoy impeccable service, elegant accommodation and world-class dining at one of Dubai's most exclusive resorts At One&Only Royal Mirage Dubai, your Arabian adventure awaits. Offering exceptional service and unrivalled exclusivity along the famed Jumeirah Beach, this luxury five-star resort is the perfect place in which to unwind, relax and rejuvenate.

Overlooking the pristine Arabian Gulf, the resort boasts expansive landscaped gardens and a private beach that's over half-a-mile long. Surrounding four temperature-controlled swimming pools, the extensive space for secluded lounging includes private cabanas and generously oversized beach umbrellas. And for those seeking an hour or two out of the sun, a visit to the luxurious One&Only spa and hammam is a must.

Choose from one of the wonderfully unique rooms and suites across three stunning hotels within the resort — The Palace, Arabian Court and the Residence & Spa — or perhaps opt for the signature beach garden villa. Rooms and suites come with sea-facing balconies, are generous in size and have all the characteristics you'd expect from modern and luxurious Middle Eastern charm.

With 16 restaurants, bars and lounges to choose from — including picturesque rooftops and an adults-only beach club — you'll enjoy word-class dining and entertainment in beautiful surroundings.

If you're looking for an action-packed trip, you'll be spoilt for choice here. Three floodlit tennis courts, volleyball, basketball, a state-of-the-art fitness centre and an array of watersports are just a few of the activities this resort has to offer. Children can enjoy the KidsOnly club, where they'll look forward to a wide range of entertainment. Also included in your stay is complimentary access to the world's largest waterpark. An adventure, where more than 100 adrenaline-inducing slides, attractions and experiences await.

● Book with one of the UK's leading luxury travel experts, Best At Travel, and enjoy five nights half board from £1,750pp, including international flights, free evening dining and complimentary access to Aquaventure waterpark. T: 020 3131 6920 bestattravel.co.uk



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FINEST VILLA COLLECTION IN MYKONOS!

Let's delve into the most luxurious holidays. The Greek Villas offers an array of exquisite villas and unique experiences Perfectly suited for those looking for the ultimate indulgent holiday, The Greek Villas has one of the most expansive collections of luxury villas scattered across the Greek islands and Mykonos in particular.

Eager to provide an unforgettable holiday, the team can arrange any number of luxury experiences in Mykonos suitable for friends, families, or for a romantic couples' trip.

The Greek Villas is proud to present four new villas on Mykonos Island:

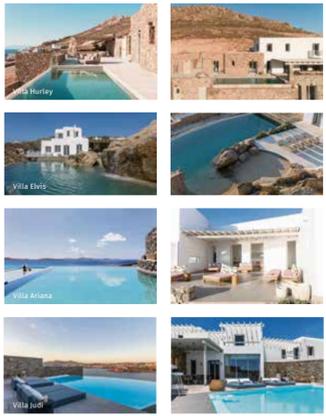
Villa Hurley oozes stylish architecture and minimalism and is dotted with smart details, wooden surfaces, and state-of-the-art decor. Starting from €14,880 (£12,850).

Villa Elvis is an exquisite property and an extraordinary home for 14 guests. The villa emerges from the rough rocks as a lookout over the bay of the new port, Mykonos Town, and the cobalt Aegean Sea. Starting from €17,500 (£14,926).

Villa Ariana is an astounding five-bedroom property in a tranquil, secluded location. The beachfront property offers direct access to the beach — a rare offering for the villas in Mykonos. The marvellous plot and exquisite design takes full advantage of the villa's immense natural beauty. Starting from €40,000 (£34,548).

Villa Judi is an elegant four-bedroom property with an infinity pool and expansive views across the ocean. With a barbecue and impressive outdoor bar, guests will enjoy the laid-back atmosphere at this stunning villa. Starting from €6,570 (£5,674).

● T: +30 210 64 10 280 E: reservations@thegreekvillas.com thegreekvillas.com Solomou 5, Kifisia, Athens, Greece, 145 61



ENVIRONMENTAL VOLUNTEERING AND CULTURAL IMMERSION IN JAPAN

Immerse yourself in the Japanese countryside on beautiful Sado Island, as part of World Unite's Mother Nature programme



As a participant in the Mother Nature Camp on Sado Island, you'll stay at historic Koninji Temple, either inside the temple or in a comfortable, fully furnished tent in the temple's garden.

Under the guidance of an English-speaking conservationist and as part of a small group of international and Japanese volunteers of all ages, you'll take part in a daily programme activities, which includes working with traditional rice farmers, maintaining biotopes that serve as feeding grounds for Japan's critically endangered crested ibis, joining bamboo workshops and teaching your newfound bamboo handicraft

skills to Japanese schoolchildren, learning how to collect herbs from the forest and making herbal tea blends, as well as cleaning beaches of plastics.

Sado Island, at 330sq miles, is Japan's sixth-largest island. When gold was found on Sado in 1601, the island flourished economically and culturally, developing a unique and rich cultural heritage, including performing arts such as dance, chants and music, the world-famous Taiko drumming, puppet theatre, folklore festivals, and traditional handicrafts. Sado has hundreds of Buddhist temples, Shinto shrines and several historical villages from the Edo Period, which have remained architecturally mostly intact.

Your base at Koninji Temple is surrounded by an impressive hilly landscape of dense forests, terraced rice fields and small orchards. By bike, you can reach the sandy beaches, snorkelling spots and rock formations of Sado Island's southwest coast.

World Unite can provide the documents currently needed to get a visa for Japan. The programme runs from 16 July to 30 October 2022 and 31 March to 30 October 2023.

● Provided by World Unite Japan KK. For details and to book, visit world-unite.de/en/mothernature T: +49 7825 432332



EXPLORE THE UK'S OUTDOOR CAPITAL

Your destination for mountain climbs, biking trails, exploring wide open spaces, unlocking adventure on the water and bringing dreams to life Lochaber, in the West Highlands of Scotland, is aptly named the Outdoor Capital of the UK. It's home to a rugged coastline, historic treasures, mountain landscapes, white sandy beaches and relaxing woodland trails. The heart-racing adventure on offer will leave travellers wishing for a longer stay. Holidaymakers are welcomed with vast open landscapes, waterways and fresh, open, Highland air. Lochaber is your next adventure experience destination.

The waterfront town of Fort William welcomes travellers to the heart of Lochaber, acting as the focal point to plot the exploration of the Outdoor Capital's most attractive places, such as the valleys of Glencoe, the West Coast's stunning beaches and harbours, the Jurassic coastlines of Ardnarmurchan Peninsula, Glenfinnan Viaduct, Ben Nevis, Britain's tallest peak, or riding the mountain gondola of Nevis Range — the only one of its kind in the UK.

Lochaber offers an opportunity to treat two of Scotland's most famous routes. Most accessible is the Great Glen Way, which peels off northeast of Fort William, and the 96 miles of the West Highland Way. The beauty of both walks is that you can pick a bite-sized section to enjoy in just a day taking in both the local wildlife and nightlife, with a mix of bars, award-winning restaurants and eateries.

With its white sandy beaches, soaring sea cliffs, sheltered lochs and deserted isles, Lochaber is also a superb place for sea kayaking and paddleboarding. The rugged coastline and magical routes offer everything from a few hours paddling through to multi-day adventures around the beautiful peninsulas, or open-sea thrills across to the Small Isles. Getting to Lochaber is possible by car, train, bus or a connected journey from Glasgow or Inverness Airports. Sit back and enjoy travelling by sleeper train to Fort William and wake to a stunning rail journey through the Scottish Highlands.

● Your adventure wonderland awaits your visit. Exploreoutdoorcapital.co.uk for more inspiration. Social media: [@OutdoorCapitalUK](https://twitter.com/OutdoorCapitalUK) YouTube: [Outdoor Capital of the UK](https://www.youtube.com/channel/UC...)



DISCOVER AN EXCLUSIVE ISLAND PARADISE

Exuding laid-back luxury and promising unprecedented privacy, One&Only Reethi Rah Maldives is a resort so exquisite that it will spoil all other holidays to come Located on a dreamy island fringed by almost four miles of perfect white sands and clear aquamarine waters, One&Only Reethi Rah's collection of luxuriously spacious beach and water villas set the benchmark for a decadent, exotic escape. From pampering spa sessions and romantic beach picnics to kayaking adventures and family beach movies, One&Only Reethi Rah invites you to do as much or as little as you like. With 12 pristine beaches dotted around this Maldives resort, you can hide yourself away on a different crescent of sand every day. Eight incredible restaurants promise exquisite dining all holiday long, serving dishes from across the globe that are inspired by produce from the surrounding oceans and the resort's organic gardens.

● Book with Best At Travel and enjoy seven nights bed and breakfast from £4,819pp, including international flights, free return luxury boat transfers and a daily complimentary three-course dinner. T: 020 3131 6920 bestattravel.co.uk

KITZBÜHEL — A REAL PARADISE IN SUMMER, TOO

The famous winter sports town also enchants in summer with numerous highlights and makes every holiday unforgettable

For decades, Kitzbühel has been one of the top international all-year destinations in the Alps. Nestled in the beautiful mountain range, the 'Gamsstadt' delights with unspoilt nature, fresh air, sport, culture and tradition. Feel at home and safe in the heart of Tyrol — with people who treat you with genuine hospitality and prepare perfect holiday days for you.

The gentle grassy mountains of the Kitzbühel Alps open up a multitude of possibilities: climbing lofty heights, leisurely hiking all year round, golfing at the four courses in town, mountain biking or cycling on an e-bike, challenging trail running or running in the valley. Culinary diversity on the mountain as well as in the valley is part of the Kitzbühel lifestyle.



A special hiking experience at up to 6,560ft In the most legendary sports town in the Alps, the motto is not only 'higher, faster, further'. A relaxing hiking tour in the Kitzbühel mountains provides a balance. Kitzbühel and its holiday villages of Reith, Aurach and Jobberg are surrounded by numerous beautiful mountain peaks to climb and admire. The Kitzbühel region, located in the heart of the Alps, proves to be a true hiker's paradise. Panoramic hikes offering a heady mix of luminous turquoise hues, stand-out culinary concepts, a magical house reef and pure escapism, along with a fabulous new adults-exclusive resort experience.

● Book Direct and Save More at coloursoblu.com



SEVEN-DAY GALÁPAGOS ISLANDS LUXURY SAFARI

Discover the uniqueness of the Galápagos Islands' endemic species, explore the underwater world in Kicker Rock and Los Tuneles and walk among giant tortoises Have you ever wondered why the Galápagos are called the Enchanted Islands? When Darwin came to the Galápagos little did he know that the local wildlife he was to encounter would provide the inspiration for his famous, world-changing theory of evolution.

Located around 620 miles from continental Ecuador, the Galápagos Islands consist of 19 islands and dozens of islets and rocks. Every single island is home to astonishing flora, fauna and landscapes.

Unlike other ways of travelling, this marvellous trip, the Galápagos Luxury Safari, is the perfect opportunity to connect with nature in a comfortable way, with high-end service provided by Rebecca Adventure Travel.

Begin this trip with underwater wildlife — a snorkelling session in one of the most beautiful places in the Galápagos, Kicker Rock. This islet is rich in marine wildlife and is the perfect place to spot sharks, rays and colourful fish. The rocks are a place



ON THE TRAIL OF THE WINTER HOTSPOTS ON TWO WHEELS — THE HAHNENKAMMTRAIL

The cycle tour starts in the centre of Kitzbühel heading northwest to Schwarzsee, the beautifully situated natural bathing lake with views of the spectacular Kaisergebirge mountains and the Kitzbüheler Horn. The cycle path continues along the route to Kirchberg into the Brandseitgraben and uphill following the stream. The route runs through meadows and forest to the Fleckalm inn where the forest then thins out and the path continues uphill to the Ehrenbachhöhe. At the top, the reservoir invites you to take a short rest and the surrounding hills to linger before continuing towards the Hahnenkamm.

If you want to go faster, the 'Fleck', as the Fleckalkmbahn in the Kirchberg district of Klausen is called, is the right feeder to the mountain station at an altitude of 5,895ft.

From the Hahnenkamm mountain station via the Asten to the Hahnenamm valley station and thus right into the 'Gamsstadt', the flowing, easy trail with easier knee sections and playful elements of the Hahnenkamm trail. First across an open alpine pasture and later through forest and clearings, there's one bend after another. Tighter bends and steep turns, wooden bridges and natural passages, small waves and jumps as well as natural obstacles offer variety. The flow of the trail makes it fun even for beginners right from the start and, above all, makes them want more.

For a more leisurely descent, take the path along the Hahnenkamm road. The winding forest road leads past the Einsiedler mountain inn and entices you to take a short rest and the surrounding hills to linger before continuing towards the Hahnenkamm.

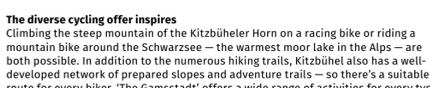
You'll find a generous selection of other cycling routes in the interactive tour portal maps.kitzbuehel.com — search for your suitable tour, put your favourite lap online or download the GPS data easily and compactly to your smartphone.

The Griesbachklamm gorge are also there to be marvelled at. All levels of difficulty can be found here — from a leisurely stroll to a challenging mountain tour with experienced mountain guides. Kitzbühel impresses with more than 600 miles of hiking trails. Take a break in one of the many rustic mountain restaurants and Alpine huts, which invite you to enjoy delicious regional delicacies.

One of them is the ascent of the Kitzbüheler Horn. You can choose from several hiking starting points, whether you start from the foot of the mountain or take one of the Horn cable cars to the intermediate stage to start the hike from there. The Kitzbüheler Horn has numerous possibilities — from a leisurely hike along the Karst Trail to a large tour along the Hornspigel-Höhenweg — to enjoy the spectacular view and a moment of peace.

The Alpine Flower Garden is also a special destination. At an altitude of 5,905ft and an area of five acres, more than 400 different species of high mountain plants and flowers from all over the world have been established here. From spring to autumn, botanical delights from local and other European mountain regions bloom here in the grass carpet between natural rock formations.

You'll find a large selection of other hiking tours in the interactive tour portal maps.kitzbuehel.com — find the tour that suits you, put your favourite tour online or download the GPS data easily and compactly to your smartphone.



The diverse cycling offer inspires Climbing the steep mountain of the Kitzbüheler Horn on a racing bike or riding a mountain bike around the Schwarzsee — the warmest moor lake in the Alps — are both possible. In addition to the numerous hiking trails, Kitzbühel also has a well-developed network of prepared slopes and adventure trails — so there's a suitable route for every biker. 'The Gamsstadt' offers a wide range of activities for every type of biker — from mountain biking and road biking to the mega trend of e-biking.

Over hill and dale, through meadows and forests or combined with one of the many excursion destinations, the bike trails in the unique panorama of the Kitzbühel mountains or along beautiful lakes in the valley not only ensure a great atmosphere and excellent views, but also lots of fun on the bike. But concentration is also required, because there's always a demand. The bike network has a total of 500 miles of mountain bike trails and 745 miles of road bike trails — and thus offers the experience of unique moments in the Kitzbühel mountains that will make every biker's heart beat faster. So whether it's an enduring downhill trail or an enjoyable bike tour — nothing stands in the way of biking in Kitzbühel, which provides you with a true feeling of freedom.



SAIL THE TREASURE ISLANDS FROM ST MAARTEN

Embark on the trip of a lifetime with Star Clippers for an unforgettable adventure on a majestic tall ship

Star Clippers operates three of the world's largest and tallest sailing vessels. Visiting intimate ports often untouched by larger cruise ships and offering passengers the activities, amenities and atmosphere of a private yacht, Star Clippers has been recognised as one of the premier speciality cruise lines for over 30 years.

Sail among the super-yachts on board *Star Flyer* as she glides through the Treasure Islands. Visiting stunning ports of call in the British Virgin Islands such as Tortola, Jost Van Dyke and Virgin Gorda, this sailing guarantees idyllic charm and picture-perfect landscapes. Witness the St Barth's Bucket Regatta on the penultimate day — a truly thrilling and memorable experience.

The flight departs the UK on 10 March 2023 and the package includes a one-night pre-cruise stay at Grand Case Beach Club in St Maarten, return flights, seven-night sailing and non-UK transfers. Various dates are available from November 2022 to March 2023.

● 10 March 2023 from £2,599 per person for the eight-night package. For details, call Star Clippers on 0845 200 6145 or your travel agent. T&Cs apply.



where thousands of marine birds gather. The beauty of this islet and its fauna is guaranteed, and it's just the beginning of the tour.

The trip continues, journeying to Isabela Island, one of the most pristine places on the archipelago. Its raw and natural environment will astonish everyone. Kayaking is the perfect way to discover marine life, including the only colony of penguins in the Northern Hemisphere. Then, on to the breathtaking Los Tuneles, where you can swim with sea turtles, sea horses, friendly sharks and manta rays. You'll stay in luxury safari tents in the highlands, which offer incredible views over the ocean.

The next stop on this Galápagos safari is Santa Cruz. Friendly iguanas and sea lions will be chilling just a few metres away from you. This island will be the departure point to visit an uninhabited island in a small luxury boat. Prepare yourself for unique landscapes, full of contrasts, with volcanic rocks, turquoise water, and red- and white-sand beaches that are shared by friendly sea lions, tropical birds, and sunbathing iguanas.

Don't miss the chance to disconnect from the modern world and connect with the unique environment in the Galápagos Islands while traveling in a completely organized, facilitated, and comfortable way with Rebecca Adventure Travel.

● Rebecca Adventure Travel will arrange the entire trip, including tours, transportation, English-speaking guides and accommodation at the most exclusive and incredible safari-style eco lodges on the islands. Book now and get a 10% discount with code GALAPAGOS22, valid until 31 July 2022.

T: +1 866 987 0876 E: information@rebeccaadventuretravel.com rebeccaadventuretravel.com/trip/7-day-galapagos-luxury-safari